## vi. Intra College Athletic Meet

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The Annual Athletic meet was organised in SGGSJ Govt. College Paonta Sahib on 15<sup>th</sup> February 2017 under the chairmanship of Principal Dr. K.V. Singh. Ex-Principal Dr. Balbir Singh was the chief guest of the occasion. Prof. Yashpal Tomar was the organising secretary of the event. The Chief Guest Dr. Balbir Singh was given a heartily welcome by the Principal Dr. K.V. Singh. Flag-hoisting ceremony was conducted by the chief guest and Principal that was followed by the march past by the volunteers of various clubs of the college. In this athletic meet, Javelin throw, discuss throw, shotput, high jumps and long jumps, 1500mtrs, 800 mtrs, 400 mtrs and 100 mtr races were conducted among students in two sections of male and female. The winners were awarded medals by the chief guest. In this athletic meet Ravinder was the best athlete in male section and Rano was the best athlete in female section. Dr. Balbir Singh appreciated the large number of students participating in the athletic meet . He emphasized that sport helps to keep youth away from the addictions like drug and laziness. Therefore, every student must be involved in outdoor games of their choice. The event closed with national anthem.

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